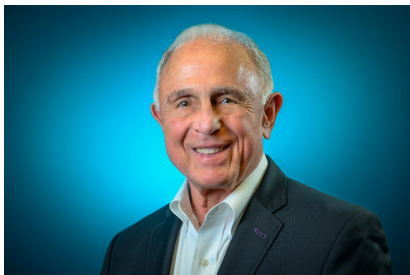




IDAA

A Recovery Fellowship for Healthcare Professionals and Their Loved Ones

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Hello,

We are excited to announce that each week leading up to the 76th Annual Conference in Spokane, WA, we will be highlighting one of our esteemed CE (Continuing Education) speakers! This week, we're thrilled to shine the spotlight on **Ken Roy**, who will be sharing his expertise

on **Neurobiology of Spirituality**.

A. Kenison Roy, III, MD (Ken) is Associate Professor of Psychiatry and Addiction Medicine at Tulane School of Medicine, Director of the Division of Addiction Medicine within the Department of Psychiatry, and Program Director of the Addiction Medicine Fellowship. He is certified by the American Board of Psychiatry and Neurology, The American Board of Preventive Medicine in Addiction Medicine, and the American Board of Addiction Medicine. To learn more about Ken and find out when he will be presenting as part of our 2025 agenda, [[Click Here](#)].

The objectives of the Ken's CE presentation are outlined below:

It is common for patients diagnosed with addiction to resist incorporation of mutual help and 12-Step referrals because of a resistance to religion. Although such programs are usually spiritual and not religious, the understanding of spirituality as biology and spiritual practices as beneficial separate from religion may remove resistance to participation. The pursuit of spirituality includes an effort to explain the unexplainable and to find wholeness and acceptance. There are many definitions of spirituality, some that evoke religion and some that do not. They have in common the search for acceptance of self, love for others, emotional comfort and connection with the transcendent. Throughout history this search has resulted in the development of approaches, such as religion, and certain practices of philosophy and culture to guide that search. Every culture and most individuals have held beliefs and have actively engaged in practices with the goal of spiritual wellness. This presentation will discuss what is known about a neurophysiological barrier to spirituality – self-centeredness -originating in the Default Mode Neural Network (DMN) and the practices and interventions that reduce the influence of the DMN with the result of enhancement of spirituality.

At the conclusion of this presentation the learner will:

1. Discuss the relationship between a hyperactive Default Mode Network (DMN) and self-centeredness
2. Describe the practices and interventions that reduce the activity of the DMN
3. Describe neural networks as a way to understand thinking and feeling
4. Discuss where spirituality and religion overlap and where they don't

Stay tuned as we introduce additional CE speakers in the coming weeks. Our CE credits are approved by the appropriate accrediting bodies and can help you meet licensure and certification requirements. [Click here](#) to see the types of CE credits that are available. Our 2025 CE Accreditation Statement can be found [here](#).

We can't wait to see you at the conference! [Register Here!](#)

Yours in Service,
Michael M. & Newaj A. - Spokane CE Co-Chairs

Register for
Spokane

Get In Touch

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